



Welcome to

Kangaroo Island Catholic Community

(Part of the Adelaide Cathedral Parish)

11th SUNDAY IN ORDINARY TIME - YEAR A

Vol 14 : No 30

KANGAROO ISLAND CATHOLIC PARISH

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PARISH TEAM CONTACTS

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PARISH PASTORAL COUNCIL
Mr Peter Clark (8559 5131)

FINANCE

Mrs Helen Mumford (0408 367 009
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WEEKEND MASSES

Kingscote at 9.30am

CONFESSION

Kingscote at 9.00am (prior to Mass)

INTEGRITY & SAFEGUARDING

We are a safeguarding Organisation which is committed to the care, wellbeing and protection of children, young people and adults at risk.

We believe that all God's children, young people and adults at risk have the right to be healthy and safe, and to have their voice heard, respected, and valued. A safe environment for all.

- Mrs Helen Mumford (KI contact - 0408 367 009)
- Integrity and Safeguarding Dept (8210 8150 - select option 2)

Catholic Archdiocese of Adelaide - Our Resources and Fact Sheets
adelaide.catholic.org.au



FIRST READING

Exodus 19:2-6

From Rephidim the Israelites set out again; and when they reached the wilderness of Sinai, there in the wilderness they pitched their camp; there facing the mountain Israel pitched camp.

Moses then went up to God, and the Lord called to him from the mountain, saying,

‘Say this to the House of Jacob, declare this to the sons of Israel, “You yourselves have seen what I did with the Egyptians, how I carried you on eagle’s wings and brought you to myself. From this you know that now, if you obey my voice and hold fast to my covenant, you of all the nations shall be my very own for all the earth is mine. I will count you a kingdom of priests, a consecrated nation.”’

RESPONSORIAL PSALM

Ps 99:2-3, 5

We are his people: the sheep of his flock.

1. Cry out with joy to the Lord, all the earth. Serve the Lord with gladness. Come before him, singing for joy. (R)
2. Know that he, the Lord, is God. He made us, we belong to him, we are his people, the sheep of his flock. (R)
3. Indeed, how good is the Lord, eternal his merciful love. He is faithful from age to age. (R)

SECOND READING

Romans 5:6-11

We were still helpless when at his appointed moment Christ died for sinful men. It is not easy to die even for a good man – though of course for someone really worthy, a man might be prepared to die – but what proves that God loves us is that Christ died



for us while we were still sinners. Having died to make us righteous, is it likely that he would now fail to save us from God’s anger? When we were reconciled to God by the death of his Son, we were still enemies; now that we have been reconciled, surely we may count on being saved by the life of his Son? Not merely because we have been reconciled but because we are filled with joyful trust in God, through our Lord Jesus Christ, through whom we have already gained our reconciliation.

GOSPEL ACCLAMATION

Mk 1:15

Alleluia, alleluia!

The kingdom of God is near: repent, and believe the Good News! Alleluia!

GOSPEL

Matthew 9:36-10:8

When Jesus saw the crowds he felt sorry for them because they were harassed and dejected, like sheep without a shepherd. Then he said to his disciples, ‘The harvest is rich but the labourers are few, so ask the Lord of the harvest to send labourers to his harvest.’

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Bulletin Board

KEEP THESE PEOPLE IN YOUR PRAYERS

Healing list: Brianna Chudlee, Annette Roestenburg, Michelle Glynn, Rebecca Semler, Chris Heath, Simon Laundry, Josh Semler, MaryAnne Higgs

June anniversaries: Dorothy ‘Mardi’ Atkison, William ‘Bill’ Bauer, Shirley Black, Doris Bosanko, Norma ‘Aileen’ Cartel, Tony Cairney, William Christopher, Craig Feltus, Mary Alice Grace, Benjamin Hayes, Henry Hughes, Sarah Hughes, Fr P P Kelly, Alan Lashmar, Maria Loechel, Ann McAnnally, James McAnnally, Lillian Murphy, Laurence O’Daly, Dean Page, Ruth Perkins, Molly Polly, Edna Rayson, Mary - Douglas Rosentreter, Brenton Semler, Henry Tabor, Michael Wilcox, Alice Willson, Brian Willson, Mary Connell.

Please pray for all the faithful departed and may all our sick parishioners, relatives and friends know the healing love of Christ.

PRIEST ROSTER

14 June Fr Valentin Morales
June 21 Fr Lancy D’Silva
June 28 Fr Francis Showri.

WHAT’S ON

28 Jun Holy Father’s Appeal
3 Jul End school term 2
5 Jul NATSICC Appeal
12 Jul Stella Maris - Appeal
20 Jul Beginning school term 3
9 Aug Promotion Vocations Appeal
Sep Catholic Charities Month
Sep 5-13 Royal Adelaide Show
25 Sep School term 3 ends
26 Sep AFL Grand Final
5 Oct Labour Day
12 Oct School term 4 begins
18 Oct World Mission Month
3 Nov Melbourne Cup
8 Nov Supporting our Clergy Appeal
15 Nov St Vincent de Paul Christmas Appeal
11 Dec School term 4 ends
25 Dec Christmas Day

SPECIAL MASS and VISITORS

A large group of parishioners from the Cathedral Parish will be visiting our Church for a 11.30am Mass on Sunday July 5. They will bring with them a special choir. Fr Lancy D’Silva will be the celebrant and Archbishop Patrick O’Regan will attend if his schedule permits.

We are all invited to join them for lunch (Indian cuisine) at the Lions’ Hall following Mass.

SEEING WITH CHRIST’S COMPASSION

Jesus made a circuit of all the towns and villages. He taught in their meeting places, reported kingdom news, and healed their diseased bodies, healed their bruised and hurt lives. When he looked out over the crowds, his heart broke. So confused and aimless they were, like sheep with no shepherd. “What a huge harvest!” he said to his disciples. “How few workers! On your knees and pray for harvest hands!” (Mat. 9:35-38)

Matthew reminds us that Jesus does not look at the world with indifference but with deep compassion. He sees people who are tired, burdened and searching for direction, and his response is not judgement but care. Then he turns to his followers and speaks honestly: there is so much need, and not enough people willing to step forward and respond.

For us, this speaks into the rhythm of ordinary life. The “crowds” Jesus describes are not far away. They are found in homes under pressure, in relationships carrying unspoken tension, in young people trying to make sense of their world, and in adults quietly carrying worries that rarely get voiced. It is easy to become familiar with one another without truly noticing what is going on beneath the surface.

Jesus begins not with instruction but with vision. He helps us see differently. Compassion is not simply feeling sorry for others; it is the choice to be present, attentive and open-hearted in a world that often

encourages distraction and distance. In family life and parish communities, that kind of attention can be quietly transformative.

There is also a gentle challenge in Jesus asking us to pray for labourers. It suggests that the first movement is not activity but openness. We are invited to become people who are willing to be part of God’s work, not just spectators of it. That can begin in very simple ways: listening more carefully, responding with patience, choosing presence over haste.

The harvest Jesus speaks of is not somewhere else. It is already here, in the people we live alongside each day. The question is whether we are willing to see them with his eyes, and respond with his compassion rather than routine or assumption.

This week, take one moment each day to intentionally notice someone in your home, parish or wider community without rushing past them or reacting on autopilot. Let yourself pause long enough to truly hear, see, or acknowledge them. In that small act of attention, allow space for Christ’s compassion to shape your response.

When we begin to see like this, even ordinary encounters can become places where care, patience and quiet faithfulness take root. *GPBS eNews*

WORLD ELDER ABUSE AWARENESS DAY—15 JUNE

The primary aims are:

- Raising awareness about the mistreatment of older adults.
- Encouraging communities to take action against elder abuse.
- Strengthening policies and programs that protect senior citizens.



MASS ROSTERS

Date	Readers/Prayers	Special Ministers	Cleaners
14 June	K Hammat, S Semler	W Bennett, A Clark	H Mumford
28 June	A Clark, M Glynn	L Grant, H Mumford	H Mumford
05 July	W Bennett, M Slagter	K Hammat, M Slagter	C Brinkley



Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide

THE STRUGGLE TO BE SINCERE

Who are we really? Who are we when we are stripped naked in soul: stripped of ego, stripped of the image we have of ourselves, stripped of the hype, fads, and ideologies that we unconsciously inhale and which colour our thinking, stripped of the trauma we carry from our wounds, and stripped of our habitual unconscious posturing?

When are we *sincere*?

In a popular understanding, the word *sincere* comes from two Latin words: *Sine* (meaning *without*) and *Cera* (meaning *wax*). To be sincere is to be *without wax*, that is, to be who we truly are beneath all the levels of ego, self-image, ideology, trauma, and unconscious posturing that beset us. It's not easy to be sincere, given the baffling complexities of our minds and hearts. It's hard to dig beneath it all to touch who we really are.

So, when are we sincere? I offer two stories in response.

The first comes from Ruth Burrows, one of the deep mystical writers of recent times. She tells this story of how, one day, all the wax was stripped away and she found herself naked in soul.

She grew up in England and both she and her family were not particularly religious. Her parents sent her to an all-girls private school run by an order of nuns, not for religious reasons but because the education there was superior to that of the local public schools.

She did her high school years there, never really immersing herself in her faith. Then, in preparation for their graduation, the nuns took the students to a renewal centre for a

retreat. Ruth and one of classmates did not take the retreat seriously, but giggled, snickered, and passed notes to each other during the conferences given by the retreat director. So, at a point, the nuns pulled Ruth and her friend out of the group and, while her classmates were listening to a lecture, Ruth and her friend had to sit silently in the chapel for those hours, under the watchful eye of a nun. Initially, Ruth confesses, she and her friend still fought being serious; they still giggled and winked at each other.

But the hours were long! And during one particularly long period of silence, she had a moment of grace, of clarity, of sincerity, of nakedness of soul. In the moment, she saw herself for who she really was – a young woman, air-headed, not thinking straight, caught up ego and hype, but also, underneath it all, a good, loving person loved warmly by God. The single moment of clarity changed her life.

This graced moment came to Ruth Burrows seemingly unbidden, though no doubt the deeper levels her mind and heart were inviting that graced visitation.

My second story is more earthy, but powerful precisely because of that. Some years ago, I had close friend, only fifty-four years of age, dying of cancer. When he entered hospice, I brought him Therese of Lisieux' book, *The Story of a Soul*. Some days later, as we talked on the phone, he shared this: "Thank you for the book by Therese of Lisieux, it's the only thing I can still read. *When you're dying, it cuts away all the bullshit. You know what's real and what's not.*" The dying process was his mystical moment; it brought him to sincerity.

So, how do we get there? How do we cut through all that sits between us and sincerity, between us and

nakedness of soul?

We need to consciously take that to daily prayer. Indeed, during the second half of life our basic struggle in our prayer is precisely to try to bring ourselves to nakedness of soul, to be before God and our ourselves without wax. We need to take our struggle to God. This is the very essence of contemplative prayer, of contemplation.

Thomas Merton once said: "*With God, a little sincerity goes a long, long way.*" We can take consolation in knowing that God understands that the struggle is hard, and that most of the time we have at least a little sincerity. And we can touch our sincerity through an intention that transcends the struggle with our feelings.

Here's an example from Thomas Merton on how to express that intention to prayer.

"My Lord God, I believe that the desire to please you does in fact please you. And I hope that I will never do anything apart from that desire. And I know that if I do this you will lead me by the right road though I may know nothing about it."

However, when we get to sincerity and nakedness of soul, the effect may surprise us. As Merton puts it: "Let no one hope to find in contemplation an escape from conflict, from anguish, or from doubt." On the contrary, the deep certitude of contemplative experience awakens a tragic anguish and opens many questions in the depth of the heart like wounds that cannot stop bleeding." But always remember: "*With God, a little sincerity goes a long, long way.*"

You can read, or download, Ron Rolheiser's weekly columns from his website at: www.ronrolheiser.com

WEEKLY CONTRIBUTIONS

For those of you who wish to make your weekly contributions to the first and second collections by direct debit, these are the banking details for each.

1st Collection (Support for Priests):
Kangaroo Island DPF - CDF Account
14870 S7.65
BSB 066-782
A/c No 100027201
Reference: Your name

2nd Collection (Support for Parish):
Kangaroo Island Parish – CDF Account
1040 S1
BSB 066-782
A/c No 100000067
Reference: Your name

Thank you for your ongoing support of our Priests and Parish Facilities.



On the way home from Mass, Kyle wondered how Jesus went about choosing his Twelve Apostles. He asked his Dad a bunch of questions: “Did they have to fill out applications? Did they complete tryouts?” Kyle’s dad said it wasn’t anything like that at all. Jesus knows us all inside and out. There was (and is!) no need to test anybody! Jesus saw the goodness in each of the Twelve Apostles, and he sees the goodness in each of us. Jesus needed the Apostles to spread the Good News. He needs YOU too!

Show me, Jesus, how to be your disciple.
GPBS eNews



(Continued from page 1)

He summoned his twelve disciples, and gave them authority over unclean spirits with power to cast them out and cure all kinds of diseases and sickness.

These are the names of the twelve apostles: first, Simon who is called Peter, and his brother Andrew; James the son of Zebedee, and his brother John; Philip and Bartholomew; Thomas, and Matthew the tax collector; James the son of Alphaeus, and Thaddaeus; Simon the Zealot and Judas Iscariot, the one who was to betray him. These twelve Jesus sent out, instructing them as follows:

‘Do not turn your steps to pagan territory, and do not enter any Samaritan town; go rather to the lost sheep of the House of Israel. And as you go, proclaim that the kingdom of heaven is close at hand. Cure the sick, raise the dead, cleanse the lepers, cast out devils. You received without charge, give without charge.’

A SMALL ACT OF ATTENTION

It was late afternoon when he noticed the line at the small clinic hadn’t moved much. People sat quietly, some staring at the floor, others scrolling aimlessly on their phones, all of them waiting longer than they wanted to be there.

A young mother adjusted the blanket around her child, who was sleeping awkwardly against her shoulder. An older man rubbed his hands together, glancing at the clock every few minutes as if it might change the situation. A teenager sat apart from everyone else, headphones in, eyes fixed somewhere that wasn’t the room.

He had come in for something simple himself, but as the wait stretched on, he found his attention drifting away from his own inconvenience. There was something about the stillness in the room that made everything else feel louder.

At one point, the child stirred and began to cry softly. The mother looked tired in a way that went deeper than lack of sleep.

Without thinking too much about it, he stood up, walked over to the vending machine, and returned with a bottle of water. He offered it quietly, not as a solution to anything, just as something small and human in the moment. She hesitated, then accepted it with a nod that carried more gratitude than words could manage.

Nothing about the situation changed in any dramatic way. The wait continued. People were still tired. The room was still full. But something in it felt less heavy.

Later, as he sat back down, he realised he had stopped thinking about his own delay. Not because it was resolved, but because he had noticed someone else’s world for a moment and stepped into it gently.

It reminded him, strangely, of a line he had once heard: people are like sheep without a shepherd. Not because they are lost in a dramatic sense, but because everyone, in their own way, is carrying more than is visible. And sometimes, the smallest act of attention is enough to change how a room feels.

GPBS eNews

THIS WEEK’S READINGS

(15 - 21 June)

- **Monday, 15:** Weekday, Ord Time 11 (1 Kg 21:1-16; Mt 5:38-42)
- **Tuesday, 16:** Weekday, Ord Time 11 (1 Kg 21:17-29; Mt 5:43-48)
- **Wednesday, 17:** Weekday, Ord Time 11 (2 Kg 2:1, 6-14 ; Mt 6:1-6, 16-18)
- **Thursday, 18:** Weekday, Ord Time 11 (Sirach 48:1-14 1; Mt 6:7-15)
- **Friday, 19:** Weekday, Ord Time 11 (2 Kings 11:1-4, 9-18, 20 ; Mt 6:19-23)
- **Saturday, 20:** Weekday, Ord Time 11 (2 Chr 24:17-25; Mt 6:24-34)
- **Sunday 21:** 12th SUNDAY in ORDINARY TIME (Jer 20:10-13; Rom 5:12-15; Mt 10:26-33)

PASTORAL CARE

If you need a priest for anointing prior to medical treatment, or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8210 8155 or in an emergency 0417 080 955